

RUNMAGEDDON SAHARA ADVENTURE SAFETY RULES

1. Participants move along marked routes. The marked routes are considered 1000 m wide traffic corridors, connecting checkpoints given by the ORGANIZER.
2. Each participant is obliged to have a noticeable start number on his/her face. It is forbidden to cover or blot out the start number being put on face before the start.
3. Each participant is obliged to possess, for the time of the race, a LED headlamp with fully charged batteries, at least 3l camellbag full of water. Participants without or with broken headlamps and/or without water are not permitted to participate in the race.
4. The organizer reserves the right to change the event rules and its schedule in case of factors dangerous for life or health of the participants (weather conditions, infrastructure destructions, etc.).
5. Participants are obliged to finish the race in a specified by the organizer time limit. The time limit will be given during briefings the night before each race – it will not be shorter than 6 hours.
6. Participants who exceed the time limit during the race are obliged to reach the nearest checkpoint and wait there to be picked up by the organizer. The organizer flatly bans to move on your own off the route, especially after the dusk.
7. Participants who stay on the route after the dusk are obliged to wait by the nearest checkpoint with a pocket lamp on.
8. Participants who exceeded the time limit on the route are obliged to reach the nearest checkpoint and wait to be picked up. It is forbidden to move on or off the route after the dusk (not applying for the night runs).
9. The organizer reserves the right to exclude a participant in the following cases:
 - a. If a participant is extremely exhausted and his/her condition is confirmed by a medic, the chief of the event decides on his/ her exclusion. In this case the participant is given penalty points acc. to procedures from section 8.

- b. If a participant is under the influence alcohol or drugs and his/her condition is confirmed by event medical team (or in case when the participants refuses to be checked by a breath analyser), the chief of the event decides on his/ her exclusion. Such participant is totally excluded from the race and does not participate in next stages of the event.
 - c. If a participant at the start or checkpoint has not got a working headlamp with charged batteries or at least 2 l of water, the chief of the event decides on his/ her exclusion. Such participant is totally excluded from the race and does not participate in next stages of the event.
 - d. If a participant is late for a given time of departure or is late more than 10 min for the start. The chief of the event decides on his/ her exclusion. Such participant is totally excluded from the race and does not participate in next stages of the event.
 - e. The ORGANIZER disqualifies the whole team if the members move on the route at the distance bigger than 50 m from each other.
 - f. The ORGANIZER disqualifies the whole team if at the start line they don't have GPS or an emergency mobile phone with fully charged batteries.
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- 10. Calling for help during the day should be done through constant movement of hands up and down. At night - through making circles with a pocket lamp on.
 - 11. A participant who noticed another participant who had an accident is obliged to call for help. Ignoring this will disqualify the participant from all event stages. The chief of the event decides on his/ her exclusion. The participant who helped has got his/her time corrected by subtracting minutes dedicated to the above mentioned activity.
 - 12. The race participants take part on their own responsibility and reading the safety rules they confirm that they are aware of the risk resulting from participation in Runmageddon Sahara Adventure 2020 (including the risk of death or health scourge).
 - 13. It is recommended to use trekking poles during the race.

14. All participants, for safety reasons, are obliged to obey the rules set by team working on the routes as well as security and people working on behalf of the Organizer. The obligation also refers to the rules in the accommodation places.
15. The organizer reserves the right to stop the race in case of life and health threatening situations. The information will be given by acting on behalf of the Organizer people on the route or - if needed – giving a shot with a red flare. In case the race is stopped, participants are obliged to behave the same as in case of exceeding the time limit (see sections 7 and 8).
16. Difficult terrain conditions during the race require special care. Participants are obliged to be very careful on the section of the route described during a briefing the night before the race as 'particularly dangerous' . It is suggested to be very alerted running downhill steep hillsides.
17. The organizer expects the participants to react individually to changing weather conditions. They should adjust their race speed – especially in case of rain.
18. It is totally forbidden to touch, aggravate or get closer to wild animals on the route. This ban is also obliging in the accommodation place and refers to farm animals.
19. The ORGANIZER does not allow to individual swimming in any water (sea, river, etc.) and therefore is not responsible for and consequences of such actions.
20. The ORGANIZER will supply participants with emergency mobiles. During briefings the ORGANIZER will give the time for checking calls for each team – not making the checking calls due to reasons other than technical will disqualify the team from the run.
21. It is completely forbidden to leave trash. Any rubbish can be thrown into trashcan put on the route and/or finish.